

Introduction

Spinal cord injury (SCI) affects more than one million patients worldwide, all of them suffering from SCI-related paralysis. To date, many pharmacological treatments have been evaluated, but without significative improvements, probably due to the multiple types of cellular damage involved in SCI. Mesenchymal stem cells (MSC) have emerged as a promising therapy for various conditions including neurologic, cardiovascular, autoimmune, and musculoskeletal diseases due to their regenerative effects, and among the MSC sources, umbilical cord Wharton’s jelly MSC (WJ-MSC) represents one of the best sources.

Objective

The aim of this study was to determine the regenerative capacity of the treatment with WJ-MSC in patients with SCI.

Methods

WJ-MSC primary cultures were obtained using a new methodology based on cell migration developed by us (free tissue). WJ-MSC were expanded in culture medium supplemented with 10% human Platelet Lysate (hPL) until passage 7. Positive and negative cell marker expression, in vitro differentiation to mesodermal lineage and microbiological tests were conducted. In vitro, expanded WJ-MSC were cultured in cerebrospinal fluid (CSF) and β -III tubulin and Sox2 markers expression was evaluated. In vivo, a treatment protocol with WJ-MSC was designed for patients with a diagnosis of spinal cord trauma. The treatment protocol consisted of two different intrathecal applications of 40x10E6 WJ-MSC and 20x10E6 intravenous WJ-MSC that were repeated two to four times in eighteen months. Patient improvement was evaluated using the ASIA clinical scale.

